



Risk Assessment COVID 19

FRICKLEY ATHLETIC FOOTBALL
CLUB ACADEMY

August 2020
Version 5



RISK ASSESSMENT: COVID 19.

Date: August 2020

Completed by: Jane Smith, updated by Phil McCroakam

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Frickley Athletic Football Club Academy Statement

As of the 1st June, 2020 recent communications from the FA and Government Guidelines changed with regards to permitting Grassroots football.

The following document will include how Frickley Athletic Football Club Academy will conduct training sessions and matches including contact between players throughout the current pandemic, cover guidance and plans set out by the FA, include a risk assessment, as well as the responsibility of individuals.

This document is a work in progress baring in mind that Government guidance is changing almost every day. As of July, Frickley Athletic Academy have introduced some training sessions, not all coaches have chosen to restart. The Risk Assessment dated June 2020 has been previously issued to all coaches and coaches have received signed consent from parents to say they agree to training.

As of the 18th July, the FA and Government issued new guidelines to say that contact play can begin and from the 1st August 2020 competitive matches can begin. We have continued to support our coaches and children and have stressed that if anyone isn't comfortable in returning to football, whatever their role, there is no pressure to do so. We regard everyone's health, wellbeing and safety as our priority.

Affiliated clubs organizing and/or hosting football matches have a legal duty to take responsible care to avoid acts or omissions which are a reasonably foreseeable risk. The following risk assessment documentation is a systematic review of the task, jobs and process involved whilst undertaking football training or a football match. The purpose is to identify the significant hazards, the risk of someone being harmed and deciding what further control measures Frickley Athletic Academy can take to reduce the risk to an acceptable level.

Our risk assessment will cover all risks, including those associated with the Covid 19 pandemic and how as Frickley Academy we can intend to ensure that its members and activities will operate within the Government guidance.

Club officials, committee members and coaches will adhere to the 6 key steps outlined by the FA and the secretary, Jane Smith will continue to review the measures that are implemented within the risk assessment and respond regularly in event of the Government or FA changing the guidance.

The 5 Key steps:

1. Keep up to date with Government and FA Guidance. Ensure that this is always followed and communicate the guidelines from the committee down to parents and players is communicated.
2. The club's insurer will be contacted to ensure that the club is suitably covered to undertake activities in the current public health crisis.
3. Undertake regular risk assessments of the club's activities, ensuring that they are signed and dated, and any amendments are made and communicated.
4. Adapt all activities and update the clubs/academies policies in light of steps 1-3.
5. Ensure that everyone involved in the club/academy is aware of the Covid 19 protocols.
6. Do not undertake an activity if the club has any concerns about the safety of the club officials and/or participants.



RISK ASSESSMENT: COVID 19.

VENUE DETAILS	
VENUE NAME AND ADDRESS (Please delete as appropriate)	
Frickley Athletic Football Club Frickley Country Park Pitches Minsthorpe Community College	
ACADEMY CONTACT, ROLE	CONTACT NUMBER
Jane Smith, Club/Academy Secretary	07848 807009
SECOND ACADEMY CONTACT NAME, ROLE	CONTACT NUMBER
Phil McCroakham, Director FAFC and treasurer	07904 106096

EVENT DETAILS	
EVENT: (e.g Under 14s training session/match)	DATE:
COACH IN CHARGE, ROLE FOR SESSION, CONTACT NUMBER	
SECOND ADULT NAME, ROLE FOR SESSION, CONTACT NUMBER	
SAFEGUARDING OFFICER AND CONTACT DETAILS	
John Stancliffe	07957 424795

CLUB POLICIES AND PROCEDURES BEING FOLLOWED	YES	NO
Code of Conduct Players		
Code of Conduct Parents		
Social Media Usage		
Medical Consent		
Player/Parent Consent to train		
Player/Parent Consent to play contact matches		

EMERGENCY PROCEDURES			
Emergency Action Plan	YES		NO
Location of nearest defibrillator	FAFC Pavilion, side wall		
Name of designated runner for defibrillator			
Emergency Vehicle Access	YES		NO
Trained First Aider	YES		NO
First Aider report form available	YES		NO
Emergency contact numbers available	YES		NO

RISK ASSESSMENT COVID 19

Date: JULY 2020

Assessed by: Jane Smith

Reviewed by: Chris Smith, Phil McCroakham



Activities usually carried out by the Football Club:

Training: Frickley Athletic/Frickley Park pitches
 Minsthorpe Community College Sports Centre
 Sunny Avenue playing field, Sunny Avenue, South Elmsall

Matches: Frickley Athletic/Frickley Park pitches
 Minsthorpe Community College Sports Centre

Supporting documentation: COVID-19 Safeguarding Risk Assessment Guidance for Clubs
 COVID-19 Guidance on Re-Starting Football Activity
 COVID-19 Guidance on Re-Starting Outdoor Competitive Grassroots Football
 First Aid Guidance for Returning to Outdoor Competitive Grassroots Football

Area of risk	Persons affected	Risk Control Measures Currently in Place	Risk Rating	Action Required	Person Responsible	Review of actions
Spread of Covid 19	Players Coaches Parents Officials	<p>Consent form signed by parents to obtain consent for their child to train</p> <p>Risk Assessment for training in place and being followed by all coaches.</p> <p>Sanitising station is available at training sessions for players, parents and coaches to use</p> <p>Players and coaches bring their own hand santiser and using at regular intervals.</p> <p>Social distancing guidelines are being</p>	High	<p>Consent to be obtained from parents with regards to allowing the player to take part in contact training.</p> <p>Sanitising station to remain in place at training and matches</p> <p>Players encouraged to social distance</p> <p>Posters and information readily available pitch side</p>	Committee Players Parents Officials	

		<p>followed</p> <p>Equipment is thoroughly cleaned and sanitised before and after the training sessions.</p>		<p>with regards to social distancing, hand hygiene</p> <p>Government and WHO guidance to be followed with regards to anyone who has Covid 19 symptoms or has tested positive for Covid 19. Self-assessment forms to be completed before a match or training session and kept by the coach.</p> <p>Support the NHS Track and Trace. Contact details to be taken from everyone who is in attendance of the training session or the match. Details will be kept as per Government guidance of 21 days.</p> <p>Equipment cleaning log to be continued</p>		
Travel Arrangements to training and matches	Coaches, Parents Players Match officials	<p>Risk assessment currently in place explaining travel</p> <p>No congregating in the car park</p> <p>Parent, players and coaches are to leave immediately after training.</p> <p>No car sharing with anyone other than with individuals from the same household.</p>	High	<p>All attendees of training and matches should follow best practise when travelling. This also includes minimising the use of public transport.</p> <p>If there is an absolute necessity to car share with someone outside of support bubble, although this should be avoided</p> <ul style="list-style-type: none"> - transport must be with the same group of people - open windows for ventilation 	Players Coaches	

				<p>-Face away from each other -Ask the driver and all passengers to wear a face mask/covering -regular hand sanitising - cleaning of the vehicle -Follow the hand hygiene protocol when exiting or before re-entering the vehicle.</p> <p>Support the NHS Track and Trace. Contact details to be taken from everyone who is in attendance of the training session or the match. Details will be kept as per Government guidance of 21 days.</p> <p>Social distancing posters to be visible to direct people to where they need to be.</p>		
Supporters, Parents and Spectators	Supporters, Parents and Spectators	<p>1 parent is required to be in attendance to watch training in case their child is in need of first aid</p> <p>Social distancing is required when parents are at training with a minimum distance of 2 meters between.</p> <p>Parents to leave with their child immediately after training has finished. Parents are to bring children 10 minutes before the training session</p> <p>Parents under the instruction of the coaches.</p>	Medium	<p>Support the NHS Track and Trace. Contact details to be taken from everyone who is in attendance of the training session or the match. Details will be kept as per Government guidance of 21 days.</p> <p>When attending the match or training session social distancing must be adhered to.</p> <p>Coaches to hold a short</p>	Coaches Supporters, Parents and Spectators Committee	

		<p>Government guidance in relation to testing positive is followed.</p> <p>Coaches to discuss the guideline prior to the training session</p>		<p>briefing before each session with players, parents, spectators to advise of all procedures. Complete self-assessment and provide details for Track and Trace.</p> <p>Groups of parents/spectators must be limited to groups of 6 person gathering limitations and must socially distance. Avoidance of swapping between groups.</p> <p>Hand hygiene must be followed, hands must be sanitised at regular intervals - sanitising station to be made readily available.</p>		
<p>Equipment (balls, cones, bibs, training poles, goals, kits, gloves)</p>	<p>Players, coaches, match officials</p>	<p>Equipment being used is kept to a minimum</p> <p>Equipment is not shared between players and coaches</p> <p>Equipment is cleaned and sanitised before and after the training session</p> <p>Bibs are not to be used amongst the players</p> <p>Goal posts are not to be touched by anyone other than the GK and must be cleaned after use.</p> <p>GK gloves are not to be shared and must only be worn by the player who owns the gloves.</p> <p>If training the GK this should be done by the coach and GK only.</p>	<p>High</p>	<p>Sharing of equipment must be avoided where possible. If equipment must be shared, the equipment must be cleaned and sanitised before it is used by another person,</p> <p>Players should arrive in their kits and ready to play. The kit must then be taken home and immediately washed</p> <p>No kit sharing unless absolutely necessary - try to have spare shirts where possible. If kits have to be shared, the players hands must be sanitised as per hand hygiene guidelines.</p> <p>Each player to bring their</p>	<p>Coaches</p> <p>Parents</p>	

				<p>own water bottle with their name on</p> <p>Where possible players to bring in hand sanitiser and use regularly. Hand sanitiser will be available at the matches and training sessions.</p> <p>Bibs should be avoided but if absolutely necessary they must be worn by the same player during the session/match and then washed after each use.</p> <p>When sanitising equipment gloves and masks should be worn.</p>		
Match play - contact training sessions	Coaches, players, match officials, parents, spectators	Match Play and contact play from 1 st August	High	<p>Training session can be conducted with a maximum of 30 players - this includes the coaches.</p> <p>Pre match handshake - should not happen, players to hand sanitise before the match begins</p> <p>Team talk huddles - these should not take place. Team talks can take place but players and coaches must be socially distanced.</p> <p>Warm Ups/Cool downs - must be done with social distancing in mind</p> <p>Coaches, team staff, match</p>	<p>Parents</p> <p>Players</p> <p>Coaches</p> <p>Committee</p>	

			<p>officials and substitutes. - Must adhere to social distancing on the touchlines or dugouts. When making a substitution, social distancing is still to be maintained - there is to be no handshake</p> <p>Set plays, free kicks - referees and coaches should encourage players to get on with the game and not unnecessarily prolong set up plays or defensive walls</p> <p>Set plays - corners - should be taken promptly to limit close marking. The goal posts must be wiped at the beginning, half time and end of the match.</p> <p>Goal celebrations -should be avoided</p> <p>Interactions with match officials - if this needs to happen social distancing should be practiced.</p> <p>Coaches are encouraged to limit the amount of game play during the match and introduce hygiene breaks - players to hand sanitise hands, ball to be cleaned - social distancing should be adhered to.</p> <p>Support the NHS Track and Trace. Contact details to be taken from everyone who is in attendance of the training session or the match. Details will be kept as per</p>		
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				<p>Government guidance of 21 days.</p> <p>When the ball goes out of play it should not be retrieved by a non-participant and should only be done so using feet rather than hands</p> <p>Throw ins or ball handling - the ball should be cleaned</p> <p>Shouting - players should avoid shouting or raising their voices when facing each other during, whilst or after the session or match.</p> <p>Spitting - spitting is not permitted - see code of behaviour</p>		
First Aid - injuries	Coaches, parents, players, match officials	<p>1 parent or guardian to provide first aid to their child should they need this</p> <p>First Aid kit is readily available</p> <p>Emergency Action Plan is in place</p> <p>Access to a defib</p>		<p>FA first Aid guidance document</p> <p>If an injury a member of the players household can assist if present and appropriate to do so.</p> <p>Match officials and coaches to maintain a safe social distance unless a life threatening injury.</p> <p>Hand sanitiser must be used once a player has been treated.</p> <p>Anyone administering treatment must keep a record</p>	Coaches to ensure this is maintained	Committee Jane Smith

				<p>-First Aid log in order to comply with NHS track and trace.</p> <p>If a participant becomes Covid 19 symptomatic during the activity, they should immediately remove themselves from the session and return home as soon as possible. Government guidance to be followed.</p>		
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For the purpose of this risk assessment, the following definitions shall be used:

Hazard - The potential for harm or injury arising from an activity including the use of tools or methods needed to carry out that activity

Risk - The likelihood of harm or injury occurring due to that hazard

***RISK LEVEL**

Low Can be performed unsupervised following basic training

Medium Can be performed with supervision following training

High Must be qualified and trained; special supervision or arrangements must be made

Very High Requires specialist expertise, do not proceed with activity

Useful guidance

<https://www.gov.uk/coronavirus>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.who.int/health-topics/coronavirus>

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Signed:.....

Print name:.....

Dated:

RISK ASSESSMENT COVID 19

Date: JULY 2020

Action Plan in order to commence training.

Action	Date Required	Persons affected	Action Required	Person Responsible	Review of actions
Risk assessment documentation to be completed and reviewed by the academy committee	23/07/2020	JSm, PM, JSt, CS, EJ, BC, NP	Risk assessment documentation to be written in line with FA documentation	J Sm	
Coaches to attend an online meeting to discuss the Risk Assessment documentation and confirm that they understand all policies and procedures	27/07/2020	Coaches	Meeting to be arranged by JSm for at least one coach from every age group to attend to go over the documentation This will include; - Covid 19 Code of Conduct - Covid 19 Safeguarding children -Risk assessment	J Sm	
Parents and Players to be briefed about the changed in guidelines	As soon as possible - to be arranged between coaches and parents	Coaches, parents, players	Meeting to be arranged by coaches Parents and players to attend a short meeting - online recommended to go through the documentation prior to the commencement of contact training or matches. This will include; - Covid 19 Code of Conduct - Covid 19 Safeguarding children	Coaches	

			-Risk assessment		
Consent for training/attendance at matches	Before training commences Training - asap Match play 1 st August	Coaches, parents, players	Letter/email of consent to be written and handed out to parents. Parents to return consent before any training or matches commence	Coaches Parents	
Documentation to be provided on NHS track and trace	Asap and ongoing. Must be completed every training session and match by all attendees.		Information regarding NHS Track and Trace to be written using Government guidelines. Documentation to be issued accepting consent for details to be taken to aid with Track and Trace. Any documentation regarding this will be held for a rolling 21 days before being securely destroyed. Photo or private message to be sent from coaches to Jane@frickleyathletic.co.uk in case of FA or the details needing to be passed to the NHS for Track and Trace	JSm Coaches Parents	



TRAINING SESSION AND MATCH PLANS

This list is subject to change in line with current guidelines and can be changed without prior notice.

- The sessions will be run with one named coach who will hold a valid DBS check.
- The coach will be ultimately responsible for the actions of themselves, players and parents.
- Social distancing must be in place and adhered to at all times.
- Coaches must run through the Social Distancing guidelines with all players, parents and guardians and ensure they fully understand. The coach must be willing to ask any player or parent to leave if guidelines are not followed.
- Each player will have their own area and advised of this and be provided with a cone(s), football and must have their own bottled drink.
- The coach will have the appropriate sanitiser to thoroughly clean the equipment before and after the session.
- There is to be NO spitting.
- Strong hand sanitising practises must be in place before and after the session.
- When walking to and from the field of play, social distancing must be maintained.
- There is to be a maximum of 30 individuals at training sessions until the 1st August. This number includes coaches.
- A parent/guardian must stay within sight of the pitch in order to provide the child with any first aid they require. The coach is NOT to provide first aid as per FA and County FA guidelines.
- The Risk Assessment must be read and understood prior to any training/match and must be agreed.
- Spot checks may be carried out to ensure that guidelines are being adhered to.
- If anyone is classed as medically vulnerable, they must stay at home. This includes asthma, diabetes.
- If anyone should display COVID 19 symptoms they must either stay at home or leave the session immediately and inform the coach of whether this is a positive test so any infected parties can be informed.
- If any guidelines are not followed correctly, further action may be taken.
- Coaches must obtain signed authorisation from parents/guardians for players to play/train in these unprecedented times.
- Players who do not attend any sessions or matches will not be penalised for not attending.
- The coaches and committee will fully support any parent's decisions as to whether they want their child to train.
- Coaches, parents, players must understand that the guidelines are subject to change at any point and without prior notice.
- The risk assessment is going to be issued to the council as well as this document as per their request. The overall decision as to whether training sessions will commence will lie with South Elmsall Town Council, The FA, The County FA, Frickley Athletic Football Club Committee and Coaches. If any of these parties feel that training remains unsafe, then it will not go ahead until safe to do so.



COVID -19 SAFEGUARDING CHILDREN

- Your club must have completed an safeguarding and Covid -19 risk assessment and briefed you on your roles and responsibilities.
- You are responsible for continuing to ensure the environment is safe and for implementing Frickley Athletic Academy's safeguarding children policy and procedures.
- Coaches working with children are required to have an in date DBS/CRB check and should have completed some FA training. If this hasn't been completed the training must be done as soon as possible.
- Parents and carer's are to give informed consent for their child(ren) to participate in the football session. Parents and carers must be made aware of all guidelines and codes of conduct and what is expected of them
- Ensure as a coach you retain written consent and keep a record of names and contact details for NHS Track and Trace. Please ensure this is emailed to jane@frickleyathletic.co.uk. Government track and trace guidelines will be adhered to and the information will be kept for a rolling 21 days.
- Any children with additional medical or disability needs must be discussed with parents/carer's to ensure you, or as the parents/carer's, they can provide effective support to facilitate their involvement.

Whilst many families have coped well during lockdown, others may not have and for some children the experience will have been very difficult. They may be struggling for the following reasons,

- Lacking confidence, as they may have felt cut off
- Being stressed and confused because of social distancing
- Someone in their family may be/have suffered from Covid 19
- Hearing people from the BAME community may be more vulnerable to Covid-19
- They may have been neglected emotionally or physically throughout the lockdown
- Children with learning disabilities may find it hard particularly confusing, as their normal routine has changed.
- Domestic violence
- Online grooming
- Cyberbullying

If at any point you are worried about a child, whatever the reason, please report as soon as possible and raise your concerns. Doing nothing is not an option.

Please check in with your players and ask them how they are and how they have been doing/ They maybe more comfortable speaking to you rather than their family.



If you need to report your concerns upon a child returning to football, you can report to the following areas or departments:

- Child Welfare Officer - John Stancliffe
- Assistant Child Welfare Officer - Nicky Pettinger
- The County FA Designated Safeguarding officer
- Emailing the Safeguarding team from the FA at: safeguarding@theFA.com
- If urgent and none of the above can be contacted or the child is in immediate danger/risk, contact the police on 999
- The NSPCC 24- hour helpline on 0800 800 5000



CODE OF BEHAVIOUR - COVID 19

Covid 19 is a highly infectious disease. A resumption in play can only be achieved if those involved create and maintain a controlled environment that minimizes the threat of infection. Risk in sports cannot be completely eradicated but with caution and care these risks can be reduced.

Each player and parent will need to decide whether they are ready to return to football and whether they are ready to take part in contact football. This is to be based on the individuals personal circumstance and that they are fully happy with the procedures that have been put in place for a safe return.

Any player returning to training must adhere to the following Code of Behavior.

BE AWARE OF OUR OWN PERSONAL HEALTH.

- If you show any signs of Covid 19 you must stay at home, inform NHS Test and Trace and seek medical advice

BE RESPONSIBLE.

- Read the guidance from the FA and your club so that you are aware of the changes to the game and what's expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle, bringing your own santiser, being aware of the Government guidelines in relation to social distancing, and being aware of the changes to meet up times.

PRACTISE GOOD HYGIENE.

- Wash your hands regularly with soap and water, if this isn't available ensure you use hand sanitiser

WHERE POSSIBLE MAINTAIN SOCIAL DISTANCING.

- This won't always be possible in a competitive match environment(eg, when tackling an opponent) and that is acceptable However, before the game, during half time and after the game social distancing should be maintained.

SUPPORT THE NHS TRACK AND TRACE

- You will be asked to provide your details in one form or another so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is for everyone's benefit so please provide details when asked.



DO NOT SPIT.

- Spitting and the rinsing out of mouths is now a recognized risk to health and must not be done, Avoid shouting and raising your voice if face to face with other players, coaches or match officials.

AFTER THE GAME.

- -Be aware that there may be other players, coaches, match officials waiting to use the playing field. Please ensure that social distancing is maintained, sanitise your hands and leave the car park as soon as possible.



NHS TRACK AND TRACE

Frickley Athletic Academy are supporting the Government and NHS in the NHS Track and Trace efforts.

At training sessions and matches we will be taking personal details of a contact name and phone number on participants and spectators.

This information will be stored for a period of 21 days and in-line with the Government Recreational Team Sport Framework and in accordance to the Data Protection Act 2008 and the GDPR principles. These details will only be used for Track and Trace purposes.

A coach must complete a register and then send a copy of the details to jane@frickleyathletic.co.uk in case the Track and Trace procedure is required to be followed.

Use of Tuck Shops

The following must be in place if the teams wish to operate a limited tuck shop on match days

- 1) its outdoors
- 2) its only off the shelf products in wrappers that customers pick up themselves
- 3) the seller must be “gloved up” and masked appropriately
- 4) items sold on a table which is covered with the cover changed prior to each game
- 5) cash payments only that are not touched and exact amounts only into a cash pot
- 6) cones to ensure 2m distancing in case of a queue
- 7) as always hand sanitizer should be available

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 1 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY

e.g. practice of individual skills or fitness activities



PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD



FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES



Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.



Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE



Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers and ensuring you are in sight of another adult e.g. parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate – see Download 5.5 at <http://www.thefa.com/football-rules-governance/safeguarding/section-5.5-the-complete-downloads-directory>

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.



TRAINING FOR TWO OR MORE GROUPS OF SIX (INCLUDING COACH)

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved as long as the groups of six are kept separate, everyone is socially distancing, and strict hygiene measures are in place with any equipment.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS



Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.



Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 12 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY

e.g. practice of individual skills or fitness activities



PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD



FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES



← 2 METRES →

Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.



Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE



Football coaches can now undertake small group sessions with no more than five other people from outside your household but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers. Coaches must work on a ratio of one coach to groups of no more than five children in each group (1:5) and there must be a minimum of two FA-DBS-checked adults present at any one time. – see Download 5.5 at <http://www.thefa.com/football-rules-governance/safeguarding/section-11-the-complete-downloads-directory>



TRAINING FOR TWO OR MORE GROUPS OF SIX (WITH EACH GROUP INCLUDING A COACH)

It is permissible for coaches to organise a training session that has two or more groups of five plus a coach involved, as long as the groups are kept separate, and everyone is socially distancing, and strict hygiene measures are in place.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS



Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.



Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.



Frickley Athletic Football Club Academy
Westfield Lane
WF9 2EQ
Email: jane@frickeyathletic.co.uk
July 2020

Dear Parent/Guardian,

Hope you are keeping well during this unprecedented time that we are finding ourselves in. We fully support the hard work of all our key workers and thank them whole heartily for the effort and sacrifices they have and continue to make.

As of the 18th July the Government and FA changed the guidelines towards football and are now allowing contact training and as of the 1st August matches to go ahead.

Although the go ahead to train and play has been given the FA and Government have issued strict guidelines and procedures must be put in place before any training or matches can take place. We will continue to follow these guidelines, but we must all be aware that they can change without any prior notice.

Players must continue to have their own drinks bottle which must be labelled with their names, again bottles are not to be shared amongst players. Each player must have a parent/guardian present as they will be held responsible to provide first aid to their child as unfortunately during this time, coaches are unable to do this. We do always ask parents and guardians to maintain social distancing guidelines.

It is also important that we ask to follow Government guidelines in response to COVID 19 and if an individual is symptomatic, living in a household with a possible Covid 19 infection or if anyone in your household is classed as extremely vulnerable on health guidance you must stay at home. Any individual displaying symptoms at a training session will be asked immediately to leave and follow Government Health Guidance. If a test is completed and is positive a coach/committee member must be informed so other people can be contacted and advised.

In order to take part in any contact training or play in matches we again require your consent. This can be done either by return of the consent slip or via email to jane@frickeyathletic.co.uk. If consenting via email, please state that you consent for your child to take part and that you agree to both yourself and your child will adhere to all guidelines whilst attending the training session or match.

If at any point you wish to withdraw consent to your child taking part in any or all of the activities please contact your coach and email jane@frickeyathletic.co.uk. This will be completed in confidence.

As an academy we are also aware that you as parents will have your own personal view. If you don't feel that it is safe for your child to train, please don't feel pressured, we can assure you that no player will be penalised. If you would like your child to train we do need signed consent from a parent/guardian to state that you agree to them attending a session, agree that they will follow social distancing and remain sensible at all times. Please return the signed slip back to your coach on the first session. Without consent your child will be unable to train; this is part of the current guidance we are following.

If you have any questions or concerns about the Coronavirus here are a list of useful websites:

<https://www.gov.uk/coronavirus>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.who.int/health-topics/coronavirus>

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

If you have any questions and/or concerns about anything at the club or with regards to a training session, please email either jane@frickeyathletic.co.uk or john@frickeyathletic.co.uk and we will respond as soon as we can.

We would like to wish you all well and to stay safe.

Kind Regards
Frickley Athletic Football Club Committee

Please complete and tick the relevant boxes.

I, give permission for my child,

to train with Frickley Athletic Football Club Academy and take part in contact training

to play in matches and agree that there may be some contact with other players during the match

I agree that my child and a parent/guardian will follow all current guidelines and adhere to social distancing.

I agree that if any of the guidelines are not followed we will be asked to leave the training session or match.

I agree to provide any first aid to my child should they need this during the training session.

I agree to leave a contact name and phone number to aid the NHS Track and Trace effort on Covid 19

Signed.....

Dated.....

Returned slips will be retained by the coach.



Coronavirus COVID - 19



Your wellbeing and safety is our priority.
CATCH IT, KILL IT, BIN IT



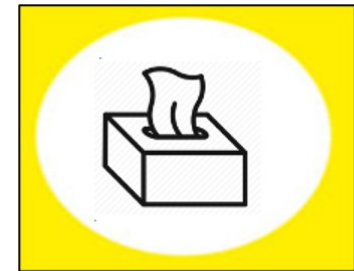
Please use the hand sanitiser provided before, during and after training



Use your elbow or your sleeve, or single use tissue to cover your sneeze or cough



Don't shake hands and avoid touching your face. Practise social distancing at all times.



Use single use tissues, throw them away and use the provided hand sanitiser.



Coronavirus COVID - 19 Training Guidance.



Coaches Responsibilities

Clean equipment before and after the session.

Coaches to hand sanitise in between handling any equipment.

To ensure social distancing is followed.

To ensure players and parents adhere to the guidelines put in place.

Ensure no team games are played and there is no sharing of equipment.

Players Responsibilities

Players to use the hand sanitiser before and after the training session.

Players to use hand sanitiser after a drinks break

To ensure social distancing is followed.

Players to avoid touching other players equipment.

Players must listen to coaches at all times.

Parents Responsibilities

Parents to use the hand sanitiser before and after the training session.

To ensure 2m social distancing is followed.

If you or your child begins to feel unwell during the session please follow government guidance for Covid 19.

To arrive at training no more the 5 minutes before the start time and leave as soon as training has finished.

PLEASE REMEMBER...

To social distance at all times with a minimum distance of 2m.

Follow the guidelines at all times.

Catch it, Kill it, Bin it.

We ask you to please be mindful of other peoples situations.

Not all players will be returning to training for their own personal reasons.



SUPPORTING DOCUMENTATION.

Useful documentation:

Governement Information:

<https://www.gov.uk/coronavirus>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.who.int/health-topics/coronavirus>

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

FA Guidance

www.FA.com

COVID-19 Safeguarding Risk Assessment Guidance for Clubs

COVID-19 Guidance on Re-Starting Football Activity

COVID-19 Guidance on Re-Starting Outdoor Competitive Grassroots Football

First Aid Guidance for Returning to Outdoor Competitive Grassroots Football